

Bay Vista Dinner Menu

Monday January 19th

Starters:

Tomato Florentine Soup

Fresh Fruit Cup

Garden Salad with Dressing

Entrée:

Salsbury Turkey

Beef Stew

Sides:

Roasted Potato Wedges

Seasoned Peas and Carrots

Fresh Baked Biscuit

Dessert:

Blueberry Buckle Cake

Fresh Fruit

Bay Vista Dinner Menu

Tuesday January 20th

Starters:

Navy Bean Soup

Fresh Fruit Cup

Garden Salad with Dressing

Entrée:

Roasted Beef with Garlic Sauce

Fennel Pork & Tomato Gruyere Gratin

Sides:

Asian Fried Rice

Sauteed Cabbage

Dessert:

Lemon Poppyseed Cake

Fresh Fruit Cup

Bay Vista Dinner Menu

Wednesday January 21st

Starters:

Garden Vegetable Soup

Fresh Fruit Cup

Garden Salad with Dressing

Entrée:

Turkey Apple & Lentil Stuffed Cabbage w/ Sage Stuffing & Gravy

Fettuccine Chicken Alfredo

Sides:

White Rice

Sauteed Spinach

Wheat Roll

Dessert:

2 Chocolate Chip Cookies

Fresh Fruit Cup

Bay Vista Dinner Menu

Thursday January 22nd

Starters:

Ham and Black Bean Soup

Fresh Fruit Cup

Garden Salad with Dressing

Entrée:

Rosted Apple Ginger Pork

Baked Vera Cruz Fish

Sides:

Cranberry Chutney

Steamed Corn

Wheat Roll

Dessert:

Peach Cobbler

Fresh Fruit Cup

Bay Vista Dinner Menu

Friday January 23rd

Starters:

Tortilla Soup

Fresh Fruit Cup

Garden Salad with Dressing

Entrée:

Burgundy Pork

Honey Ginger Chicken Thigh

Sides:

Wheat Roll or Garlic Bread

Seasoned Green Beans

Dessert:

Frosted Brownie

Fresh Fruit Cup

Bay Vista Dinner Menu

Saturday January 24th

Starters:

Pinto Bean Soup
Fresh Fruit Cup
Garden Salad with Dressing

Entrée:

Frank, Beans and Brown Bread
Provencal Whiting Filet

Sides:

Vegetable Brown Rice
Sauteed Broccoli
Wheat Roll

Dessert:

Frosted Spiced Cake
Fresh Fruit